

THE TRAINING

PROPOSAL
ON
FARMING

LET'S TAKE ONE LITTLE STEP TOGETHER AT
MANY PLACES IN OUR WORK TO SAVE OUR
PLANET AND REJECT EVERY DEVELOPMENT
THAT TAKES OUR PLANET AWAY FROM ALL
SPECIES AND THEIR FUTURE GENERATION

AK

SUSTAINABLE
FARMING
TECHNIQUES
WITH FOREST
RESTORATION

PROPOSED BY

Arun Kashyap

ENVIRONMENTALIST &
SUSTAINABILITY SPECIALIST

FACILITATING SFWF TECHNIQUES CURRENTLY IN MANY LOCATIONS:

- HIMACHAL PRADESH, MAHARASHTRA,
GUJARAT, ODISHA, AND UTTAR
PRADESH- INDIA
- PETERBOROUGH, ONTARIO- CANADA
- PALAWAN- PHILIPPINES.
- BALI- INDONESIA.

402, Tower-10, Grand Forte Society, Sector-
Sigma IV, Greater Noida,
UTTAR PRADESH- 201310
INDIA.

interested members drop mail at
arunkashyap7@gmail.com

ABOUT THE EXPLORATION WITH SFWFR

PROPOSED & FACILITATED

BY
Arun Kashyap

SFWFR is a practical field learning, enlightening people on the farming techniques, conserving forest on 50% of their land and giving them new integrated collaborative ideas, techniques & strategies that will improve every day living by accepting:

- Nature as Mentor and develop Forest as Model.
- Nature as a Measure for everyone's food, health and happiness.
- Nature as producer, facilitator and controller.

The SFWFR is not merely a training course; but a commitment to live and let others live by:

- Accepting the most natural way of living & consuming. As understood and developed by "Arun Kashyap", who is not a teacher in the real sense but an explorer and facilitator. Members learn to balance their logical understanding with the emotional and spiritual aspect of nature, nurturing all species & balancing them at the same time with all best energies around on land.
- Accepting this as an opportunities to explore all the old best-practice, sustainability techniques and strategies through hands-on application intervening nature with all its permission and acceptance.

Members learn how to grow food anywhere and everywhere and redesign their communities and livelihoods to be productive and symbiotic to our planet. They learn SFWFR design for the urban and rural application.

Everyone will learn to incorporate their own cultural best practices with proven international practices from other self-sufficient cultures in similar situations during living together.

AFTER 3.8 BILLION YEARS OF EVOLUTION, NATURE HAS LEARNED AND CAN TEACH US:

- WHAT WORKS.
- WHAT'S APPROPRIATE.
- WHAT LASTS.

The SFWFR empowers communities to help themselves and upgrade their communities in an Eco-friendly way using local resources with emphasis on maintaining the principle of "No or low external input for sustainable agriculture" (NEISA or LEISA).

The content of the SFWFR can be tailored to suit any culture or community keeping human as a part of the whole nature system as a receiver. It provides a common-sense system for community self-development.

Farmers/people & communities in sustainability strategies and techniques build working models of food production systems & appropriate technologies in the places they are facilitating & the models are proof that joining hands together works. These systems are built from mainly local resources so local people can duplicate them where they live. The key to being an SFWFR farmer is creative action in the field respecting all nature balances.

In conventional farming, farmers have no heritage to pass to their children. The old system of slash and burn, shifting cultivation is no longer sustainable due to encroaching development and outside pressures. The tribal groups practising this technique have little to show for their efforts.

The future of all people is linked with the condition of the land. If the people enrich the land, the land will enrich them in return. To achieve a sustainable result in community sustainable development, we must learn to operate from SFWFR philosophy, ethics and principles. These ethics ensure that:

- The natural treasures will remain Cyclic/healthy and future generations will be able to enjoy the benefits from the natural environment.
- The land that sustains us is repaired, cared and improved for all generations of people to live and prosper from.

Operating from SFWFR philosophy, ethics and principles using ideas, techniques & strategies the people of any country can have a self-sufficient and ecologically sustainable economy. The result for all people will be improved lifestyle, health, environment and economy.

ALWAYS WITH NATURE